

## Education and Professional Development Regulation

This regulation establishes a program of continuing education to maintain and enhance a Massage Therapist's professional skills and abilities. It also serves to promote the personal growth of each therapist while at the same time expanding his/her professional knowledge base.

1. Every Active and Inactive Member of the NBMA is required to accumulate Continuing Education Credits (CEU).
2. One hour of continuing education activity produces continuing education units and members are required to accumulate forty-five (45) units every three years. For the purpose of this policy a year is October 1st to September 30th, coinciding with the membership year of the NBMA.
3. A therapist must complete thirty (30) credits in the Primary List and are only allowed to complete fifteen (15) in the Secondary List or all forty-five CEU credits may be obtained in the Primary List. The lists are appended to this regulation as 3.16.01.
4. If a therapist accumulates more than forty-five (45) CEU credits in the Primary List in the three (3) year period fifteen (15) CEU credits may be carried over to the following three year cycle.
5. Every member is responsible to retain proof of all CEU activities completed.
6. The NBMA will send each Member the Activity Sheet with the annual invoice for membership. The form may also be downloaded from the policies listing on the NBMA Web Site.
7. A copy of the Activity Log Sheet is to be submitted to the Registrar with the annual dues payment. A duplicate should be retained as proof of submission.
8. If CEUs are not submitted by the end of the three year cycle, members will be suspended. In extenuating circumstances the Director of Education and Professional Development may grant an extension.
9. Workplace Standard First Aid/CPR Level C certification is eligible for CEU credits and this is a requirement for membership with the NBMA. (See Regulation 3.18).
10. It should be noted that recent graduates from approved schools of massage therapy need only begin calculating their CEU credits one year following the date of their graduation.
11. Enquiries regarding courses/activities not listed (in the attachment 3.16.01) should be referred to the Director of Education and Professional Development for consideration.
12. The Education and Professional Development Director shall maintain a list of all courses and activities eligible for CEU Credit.
13. Continuing Education Credits are calculated by the following formula:
  - a. For every hour accumulated in the Primary List one credit is received. Example: for an eight (8) hour Primary List course you will receive eight (8) CEU credits.
  - b. For the Secondary List, the credits vary. Please check the list, 3.16.01, to see how many CEU credits are received for each activity.